

# “YES, I WANT TO HEAL, YOU!”

By Donna R. Jensen

Child of God, healing is the children’s bread. **Yes**, it is God’s desire to heal you physically, emotionally, and spiritually. 3 John 2 “Beloved I pray that you may prosper in all things and be in health, just as your soul prospers.”

God takes pleasure in giving His children the best, and this includes a healthy body and a prosperous life. Deuteronomy 8:18 “And you shall remember the Lord your God, for it is He who gives you power to get wealth, that He may establish His covenant which He swore to your fathers as it is this day.”

God gives us “power to get wealth,” but not so we’ll hoard money or spend it wastefully. God gives the power to get wealth to those He can trust to reinvest the money back into the kingdom so that His promises can be established. God desires for you to be in health, first for the benefit of His kingdom, and then for your personal benefit.

Without the involvement of His children, God’s purposes will never be fulfilled. This involvement demands that we be in optimum health, ready for the next assignment from the Captain of God’s army, the Lord Jesus Christ. God wants you to be healed more than you want to be healed. God is waiting for you.

One thing must be settled in your mind. It is God’s will for you to be healed; in fact it is God’s will for you to walk in divine health at all times. Without faith in God’s will for your healing, you are easy prey for the spirit of death. You know that God can heal you... Mt. 19:26 “But Jesus looked at them and said to them, ‘With men this is impossible, but with God all things are possible’ “

You need to know that He *wants* to heal you. There is only one man who came to Jesus for healing that didn’t know if it was His desire to heal him, and that was the leper. He said, “If thou wilt, thou can make me, clean!” Mark 1:40-41 Jesus had to make known His will. “I will, be thou clean.” Jesus had to straighten out the leper’s theology before he could receive his healing. Jesus didn’t try to override his mind but showed him His mind, His will. Then He healed him.

## **Jesus healed them all**

Matthew 4:24

Matthew 8:16-17

Matthew 12:15

Matthew 21:14

Luke 4:40

The list goes on and on...

They brought out everyone in town that was sick and He healed them all. They weren’t followers, they simply believed that Jesus could and would heal them. They didn’t wrestle with the issue of whether they deserved it. No one receives a healing because he deserves it.

Healing was provided for in Jesus death on the cross and by His stripes, for everyone, just as salvation was provided for everyone. We can believe for the salvation for all, we need to believe for the healing of all. We have failed to recognize that the same blood that Jesus shed, which was powerful enough to remit sin, had power to remit sickness and disease as well. Everything that needed to be done for you to be healed has been done. God doesn’t have to think about whether He wants to heal you. You simply

have to receive, in the name of Jesus, what He has already provided. Jesus didn't say pray for the sick. He said heal the sick. You don't need great faith in order to produce healing results in your life. You only need faith. It all boils down to, "do you trust Him?"

**At this moment you are who you think you are. You have what you think you deserve. You are the manifestation of the constant processing of your thoughts.**

Change what you think, and you will change your entire life. What have you allowed to become acceptable in your life? "For as a man thinks in his heart, so is he." Proverbs 13:7

The reality is that you are what **God** says you are. God says you are **healed**.

The only thing that can nullify that statement is concentrating on the physical realm, and the sense realm, more than on God's Word. You will inevitably become what you concentrate on. If you think and meditate on the negative diagnosis that the physician reported to you, you will become what it says. However, if you meditate on God's Word, you will become like a tree planted by rivers of living waters that brings forth fruitful health in season. "He sent His word and it healed them, and delivered them from their destructions." Proverbs 107:20 The source of sin and sickness is evil, which makes both sin and sickness intrinsically evil as well. Once we begin to view sickness as evil, we will no longer welcome its residence in our bodies. When we begin to view sickness as unclean, we will serve sickness an eviction notice. No unclean thing should dwell in our mortal bodies. Your physical body can give glory and honor to God when it is in good health.

Before healing, it is God's will for us to walk in health. Jesus didn't leave us an example of how to be good at being sick. He stayed well. He walked in health, and that is His first desire for us.

If the Devil whispers "pneumonia" in your ear, you shout back, "healed!" Don't receive sickness, it doesn't belong to you. If you get up in the morning with cold symptoms, don't receive them. Don't confess you're getting sick. Tell the Devil that you won't receive the symptoms he's trying to put on you. Remind him that you are a child of God, covered by the blood of Jesus, and he can't give you a cold, or cancer, or aches, or anything else. Thank Jesus that you are the healed and walk right out of those symptoms.

As with all of God's word, healing and miracles were something I had to experience first hand before I could testify about them. I had never really been sick, never had a broken bone. Within a week of discovering the truths I've discussed with you here, I slipped on my front steps in the rain and slid down them, injuring my thumb. When I could get to my feet, I examined my throbbing appendage. It had swollen to twice its width, two veins bulged out on the topside and I couldn't move it. "Oh," I moaned, "that looks like it's broken." I knew I shouldn't say, "it's broken," because then I'd have a broken thumb. *Well*, I thought, *this is my opportunity to try what I've learned*. I addressed Jesus first. "Thank you, Jesus, that by your stripes I'm healed!" Then I spoke to the Devil. "Satan," I said, "I'm a child of God, covered by the blood of Jesus and you can't break my thumb, so just take your symptoms of a broken thumb and leave!" Having done what I was supposed to do, I went back into the house.

Re-examining my thumb so that I could decide what action to take, I discovered that there was nothing wrong with it. The swelling and pain were gone. The blood vessels had returned to normal. I squeezed it and moved it all around, trying to find something wrong with it, but there was nothing wrong. It was just like it had been before my fall. I walked through the house astounded, talking to myself and to God.

From my search of the scriptures, I believe that God wants us well and that He will heal us if we receive injury or illness, when we ask in faith believing. There's no shame in having to be treated by a doctor, thank God for them. But don't accept sickness and disease as God's plan for your life and let Satan rob you of your health when you know he is a thief and a murderer.

Everything, good and bad, starts in the spiritual realm and moves to the physical where it can be seen. Whatever you are experiencing in your life today is a result of how you've handled your thoughts and what you have believed and said. Anything that is out of line with what God has promised you can be straightened out by aligning your thoughts and words with His. Determine to understand His words and thoughts, develop the mind of Christ in you. It won't happen over night. Hold fast to the promise in Philippians 1:6 that, "He who hath begun a good work in you will complete it."

## INNER HEALING

**Is there something to take the pain out of my memories?** Yes! God wouldn't overlook something as important as that. Some of us have done horrendous things or had horrendous things done to us. Some of us are plagued with fears that are crippling. Fear of water, flying, dogs, bees, pre-mature death, and failures of many kinds. Some of us were born the wrong sex, our parents wanted a boy and had a girl.

Emotional pain began for some of us in the womb. It is an established fact that a fetus experiences love or rejection and sometimes fear. Psychologists say that we use about 60 % of our energy each day, just fighting down painful memories.

It does God no good to remember our sins when they have been confessed and given to Him. We, on the other hand, need to remember where we've been. And, when our pain has been healed, we can minister to those who are going through what we've been through.

Everyone can benefit from inner healing. Once you have received it, don't let things pile up again. Pray at the end of each day for healing of physical and emotional pain. Start each day unencumbered and ready to run the good race of faith.

To pray for inner healing, begin with the period in your mother's womb, then your birth, infancy, toddler-hood, preschool, the first day of school, your primary years, elementary years, junior high, senior high, college, the beginning of your work years, marriage, parenthood, middle age, senior years, and retirement.

Pause after naming a period of your life and ask the Holy Spirit to show you if there is something there that needs to be healed. Give Him a chance to speak to you. Pray about what comes to your mind. Perhaps nothing will be brought to mind but you find yourself weeping. You don't always need to know the problem to be healed. Just receive your healing and move on.

When my daughter Melissa was seven, she became separated from us at a small country fair. We learned later that she was afraid we'd leave without her so she went to the parking lot. When we found her she was running through the cars on the road looking for us. She was terrified and so were we when we saw her.

Later, in the safety of our home, I held her on my lap and let her pour out her feelings about what had happened. Then we prayed and asked Jesus to heal those painful memories and bring peace to her heart.

I'd do that when my young children had a bad dream as well, then I'd crawl in bed with them or bring them to my bed to be comforted as they went back to sleep.

I believe the Holy Spirit comforts us to make us comforters. Learn to minister inner healing to yourself and others.